











Opening times (subject to changes and availability) Treatments, hydrotherapy circuit and saunas* 10:00 am to 9:00 pm

Summer: Sunday to Thursday: 10:00 am to 8:00 pm Friday to Saturday: 10:00 am to 9:00 pm Monday to Sunday: 7:00 am to 9:00 pm

*The pools and saunas will close 15 minutes before the closing time of the Sport Wellness Mountain Spa. The service schedules are subject to change. To avoid any inconvenience, we recommend that you check the schedules before your arrival, via email at info@sportwellness.ad or by calling us at +376 870 510.

Gym

All the treatments offered in this menu are available every day until 3pm with a 20% discount.

However, they can also be provided during the day at the usual established price.

SEAWEED DETOX WRAP |

BABOR Body Spa

The spirulina seaweed has a detoxifying, moisturising effect, providing the skin with vitamins, minerals and trace minerals that help to eliminate swelling and promote the firmness and elasticity of the tissues.

90 min.

145 €

122€

98€

self

AROMA & WELLNESS | BABOR Body Spa

During an aromatic massage session, the sensations on the skin and olfactory send the brain messages of wellbeing and relaxation. Aromatic massage also has a psycho-sensorial effect, as the scents act on our emotional state. Choose the aroma that best adapts to your mood and that's how you'll feel ...

• With more energy: ENERGIZING.

• With relaxed muscles and a relaxed mood:

RELAXING.

- More balanced at both the muscular and emotional levels: BALANCING.
- More toned and supple: SHAPING.
- 60 min.

ENERGY RELEASE BACK by BABOR men

A specific treatment to stimulate the blood flow and relax the muscles of the back. A warm volcanic clay

application is followed by a massage, leaving you with a wonderful sensation of wellbeing.

50 min.

90 min.

HARMONIZING | Alterral

THE ODYSSEYS | Antearak

This harmonizing massage, which is tied to the movement of the universe, helps to recover harmony, balance and the transformation that enables us to adjust the present and create a rewarding future. 75 min.

The power of essential oils, the power of perfume and

Immerse yourself in the now and connect with your true

the simplicity of movement come together in colours.

SPECIAL MOM | ATTERTAL

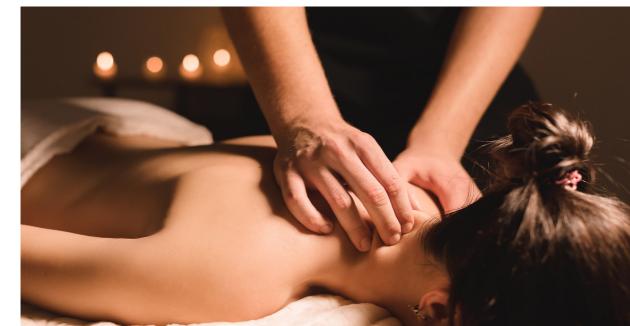
To help the mother-to-be to take care of herself and her baby beginning in the second trimester, this relaxing massage provides the benefits of nutritious oils together with deep relaxation based on techniques specially designed for her.

50 min.

135 €

165 €

155 €



140 €

The Brand DOCTOR BABOR Prescription Therapy^{RX}

MULTI MASKING SILVER FOIL

A very special treatment that combines a calming serum to erase redness, an active BTX serum to smooth wrinkles and release micro tensions, a collagen infusion to tone and firm up the skin and a silver mask with hyaluronic acid, to enhance and boost the results of the serums and creams applied in the treatment.

60 min.

UNIQUE BEAUTY | Personalised Facial Treatments by BABOR SKINOVAGE^{PX}

CUSTOMISED FACIAL TREATMENT

This personalised facial treatment will directly address all the current needs of skin today. Whether dry or oily, sensitive or fatigued, each individual skin type or condition will be specifically addressed by your expert therapist. A powerful and innovative treatment that will protect your skin from premature aging in a way that targets the specific needs of your skin type.

FACIAL HYGIENE

An essential facial cleanse that deeply removes the
impurities of the skin, leaving you with a magnificently
clean and fresh skin sensation.

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hU	min
00	

98 €

FACIAL TREATMENTS & RITUALS I BABOR BEAUTY SPA

60 min.

HIGH SKIN REFINER | LIFTING

Visibly combats all sorts of wrinkles, expression lines and flaccidity. Provides a lifting effect and leaves the skin softer and more supple, with better facial definition.

120 €

60 min.	98 €
90 min.	138 €

CONCENTRATE INFUSION AMPOULE SUPPLEMENTFP

Experience BABOR's iconic Bi-Phase Cleansing Ritual, followed by the most intensive form of beauty therapy: a

professional ampoule beauty treatment. Thanks to its highly concentrated natural active ingredients tailored to your

specific skin type, this intensive treatment provides immediate results that you will see and feel.

30 min.	20 €
INDIBA® DEEP BEAUTY FACIAL SUPPLEMENT	
Only available when combined with a facial treatment.	
30 min.	44€
FACIAL CLEANSE SUPPLEMENT	
Only available when combined with a facial treatment.	
30 min.	45 €
ENERGY FACIAL by BABOR men	
This treatment refreshes tired and lifeless skin, freeing the skin of the typical "office" pallor". For refreshed and	
energized skin and a magnificently smooth and relaxed eye contour.	
60 min.	80€
ENERGY RELEASE BACK by BABOR men	
A specific treatment to stimulate the blood flow and relax the muscles of the back. A warm volcanic clay	
application is followed by a massage, leaving you with a wonderful sensation of wellbeing	

application is followed by a massage, leaving you with a wonderful sensation of wellbeing

50 min.

98 €



ANTI-AGING AND BRIGHTENING FACIALS | iSCLINICAL

FIRE & ICE RED CARPET

60 min.

The treatment of the stars. An intensive facial treatment designed to restore the surface of the skin quickly and safely, while diminishing fine lines and wrinkles. Excellent for all skin types and ages, this facial treatment leaves the skin spectacularly smooth with no wait time, no peeling and no negative side effects. As IsClinical's most popular facial, this treatment owes its name to its popularity among the Hollywood stars.

135 €

HARMONY FACIAL IS CANCER CARE 🦹 Only: from 10:00 am to 2:00 pm

This calming and highly moisturizing facial is designed to awaken the senses and restore the skin's balance, as it renovates the skin tone, brightness and resistance, while rejuvenating fatigued skin with a healthy glow. This treatment can also be used on irritated and sensitive skins. With a natural botanical-based formula and antioxidant vitamins, this is a specific protocol for oncology patients and it is also ideal for people with highly sensitive skin. 40 min.

INSTANT GLOW Only: from 10:00 am to 2:00 pm

An intensive facial treatment, in an instant! Get an amazing healthy glow in record time. With the Fire & Ice treatment as its base, this treatment is also great for all skin types and ages. 40 min.

114 €

114 €